

Lunch Menu

Appetizers

Soup of the Day Chef's Daily Inspiration 5

Seafood Chowder Hearty New England Style Chowder
Served in a Sourdough Bread Bowl 5

Shrimp Cocktail Poached Shrimp with Cocktail Sauce, Lemon and Parsley 12

Fried Calamari Rings and Tentacles Sweet Deep fried Calamari with Pickled Pepper Salad
Spicy Tomato sauce, Roasted Garlic Aioli and Lemon 10

Steamed Dumplings Chinese Pork Dumplings
Served with Sweet and Sour, Soy Plum Sauce 8

Salads

Wentworth Mixed Greens Tossed with Grape Tomatoes, Cucumbers
Sliced Red Onion and Choice of Dressing *Small 5 Large 7*

Classic Caesar Chopped Hearts of Romaine Tossed with Shredded Parmigiano Reggiano
Garlic Focaccia Croutons and Anchovy Dressing *Small 6 Large 8*

Soba Noodles Buckwheat Noodles, Sweet Peppers, Green Onions, Carrot Curls
Toasted Sesame Seeds, Crispy Wonton Strips, Sesame-Ginger Vinaigrette *Small 8 Large 10*

Grilled Salad Additions: **Salmon** 9 **Ahi Tuna** 9 **Chicken Breast** 6

Steak Tips 9 **Shrimp** 8 or **Lobster Salad** 12

Sandwiches

Angus Burger ½ Pound Charbroiled Burger with Your Choice of Grilled Onions, Mushrooms
Bacon, American, Cheddar, Swiss, Provolone or Blue Cheese 9

Maine Lobster Roll Fresh Never Frozen Knuckle, Tail and Claw Meat Tossed with Mayo, Celery
Black Pepper and Lemon on a Toasted Soft Roll 16

Vermont Maple Smoked Cheddar and Turkey Served Melted with Crispy Bacon, Red Onion
Granny Smith Apples and Sun Dried Tomato Mayonnaise on Sour Dough or Multigrain Bread 9

BLT Crispy Apple Wood Smoked Bacon, Green Leaf Lettuce
Vine Ripe Tomatoes and Mayonnaise on Sour Dough or Multigrain Bread 8

Italian Panini Sopressata Salami, Capocola, Smoked Ham and Provolone Cheese
on Ciabatta Bread with a side of Sliced Cherry Peppers 9

Grilled Ahi Tuna Shredded Sesame Ginger Slaw and Wasabi Aioli
on a Toasted Soft Roll 11

Half Chicken Salad Wrap Sandwich with Soup or Wentworth Salad 9

Alternatives

Ultra Thin Crust Flatbread Pizza Toppings of the day 10

Fish and Chips Crispy Batter Fried Haddock Fillet, French Fries, Cole Slaw
Tartar Sauce and Lemon 16

House Smoked Salmon Quesadilla Sautéed Spinach, Jack Cheese, Herb Tortilla
Sour Cream and Salsa 10

Sandwiches Served with French Fries, Sweet Potato Fries, Onion Rings, Green Salad or Cole Slaw.

Please inquire about special preparations, heart healthy options and allergy concerns. We would be pleased to accommodate you.